

FREE WEBINAR + Q&A

# Reshaping Asthma Management

An interactive panel discussion about the latest recommendations and key themes of the National Asthma Council's Australian Asthma Handbook guidelines launched 2025.

📅 Thursday 14 May 2026

7:00-8:30pm (VIC, NSW, QLD, ACT, TAS)  
6:30-8:00pm (SA, NT)  
5:00-6:30pm (WA)



Developed in partnership between National Asthma Council Australia and Praxhub.

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[on.praxhub.com/nac-asthma](https://on.praxhub.com/nac-asthma)

## ABOUT THIS WEBINAR

The National Asthma Council's (NAC) updated Australian Asthma Handbook now recommends anti-inflammatory reliever as the preferred starting treatment for asthma in adults and adolescents - a change every health professional should be aware of, and one explored in depth in this CPD accredited webinar.

The NAC has fielded many great questions from practitioners since releasing its updated Australian Asthma Handbook in September 2025. This highly interactive webinar highlights the key themes and unpacks the new recommendations in a discussion led by Australia's asthma experts, working through real patient scenarios to help you confidently support patients with asthma.

## LEARNING OUTCOMES

1. Identify the steps involved in the diagnosis of adult asthma, referring to the Australian Asthma Handbook 2025
2. Optimise asthma management in adults and adolescents
3. Develop a Written Asthma Action Plan

## PRESENTERS



A/Prof Debbie Rigby

Advanced Practice Pharmacist | Clinical Executive Lead, National Asthma Council Australia



Dr Brett Montgomery

General Practitioner | National Asthma Council Guidelines Committee Chair



A/Prof Gregory Katsoulotos

Respiratory and Sleep Physician | National Asthma Council Guidelines Committee Member

EARN 1.5 HRS CPD



ID: 1308284



Hours lodged within 24 hours for RACGP members. Requires correct profile information.

The National Asthma Council Australia is an accredited provider under the RACGP CPD Program and is the provider of this education.

The provider acknowledges AstraZeneca for its support of this education. The sponsor has provided no input to the content of this activity

