



National
Asthma
Council

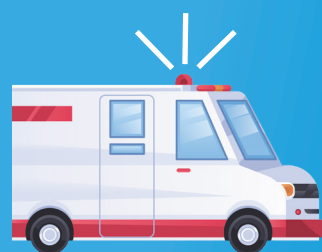
Australian
Asthma
Handbook

National Asthma Week

1-7 September 2025

2.8 million

people or 11% of the
population has asthma



56,600

Emergency department visits
for asthma in a year

Asthma contributes **35%** of
the total disease burden from all
respiratory conditions

27% of people under **40**

have poor asthma control based
on their medication use

References

aihw.gov.au/reports/chronic-respiratory-conditions/asthma

abs.gov.au/statistics/health/health-conditions-and-risks/asthma/latest-release#key-statistics

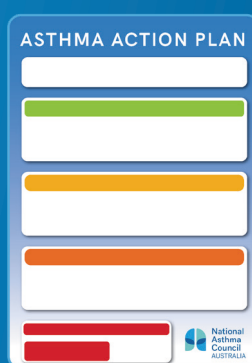
nationalasthma.org.au/news/2024/new-supplementary-labels-for-inhalers

1 in 9

Australians have asthma



Asthma was the leading cause of
total disease burden in children
aged 1-9 years old



Only **32%** of people
with asthma have an asthma
action plan



Up to **94%** of patients
do not use their inhaler device
correctly



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National Asthma Council Australia

The leading national authority for asthma knowledge, setting the standard for asthma care.

The National Asthma Council Australia develops essential asthma resources for health professionals and patients, including information papers, first aid and medication charts, asthma action plans and consumer fact sheets.

Our Sensitive Choice program empowers people to live better with asthma and allergies.

Visit nationalasthma.org.au and sensitivechoice.com.

