



National  
Asthma  
Council

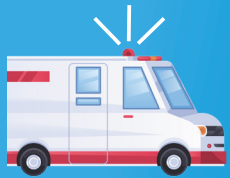
Australian  
Asthma  
Handbook

# National Asthma Week

1-7 September 2025

**2.8 million**

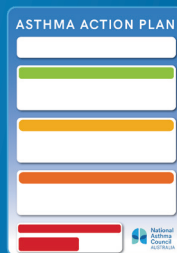
people or 11% of the  
population has asthma



**56,600**

Emergency department visits  
for asthma in a year

Asthma contributes **35%**  
of the total disease burden from all  
respiratory conditions



Only **32%** of people  
with asthma have an asthma  
action plan

**27%** of people under **40**  
have poor asthma control based  
on their medication use



Up to **94%** of patients  
do not use their inhaler device  
correctly

## References

[aihw.gov.au/reports/chronic-respiratory-conditions/asthma](https://aihw.gov.au/reports/chronic-respiratory-conditions/asthma)

[abs.gov.au/statistics/health/health-conditions-and-risks/asthma/latest-release#key-statistics](https://abs.gov.au/statistics/health/health-conditions-and-risks/asthma/latest-release#key-statistics)

[nationalasthma.org.au/news/2024/new-supplementary-labels-for-inhalers](https://nationalasthma.org.au/news/2024/new-supplementary-labels-for-inhalers)



Scan for more

## National Asthma Council Australia

The leading national authority for asthma knowledge, setting the standard for asthma care.

The National Asthma Council Australia develops essential asthma resources for health professionals and patients, including information papers, first aid and medication charts, asthma action plans and consumer fact sheets.

Our Sensitive Choice program empowers people to live better with asthma and allergies.

Visit [nationalasthma.org.au](https://nationalasthma.org.au) and [sensitivechoice.com](https://sensitivechoice.com).

