

CORTICOSTEROID



Flixonase
fluticasone propionate
50mcg



Avamys*
fluticasone furoate
27.5mcg



Omnaris*
ciclesonide
50mcg



Beconase
beclomethasone
50mcg



RhinoCort Hayfever & Allergy Original Nasal Spray
budesonide • 32mcg
RhinoCort Hayfever & Allergy Extra Strength
budesonide • 64mcg



Nasonex Allergy Aqueous Nasal Spray
mometasone • 50mcg
Nasonex Aqueous Nasal Spray 0.05% Alcohol Free*
mometasone • 50mcg

ANTI-HISTAMINE-CORTICOSTEROID



Dymista Allergy
azelastine-fluticasone propionate
125mcg/50mcg

Dymista 125/50*
azelastine-fluticasone propionate
125mcg/50mcg



Ryaltris*
olopatadine-mometasone
600mcg/25mcg

SALINE



FESS Saline Spray (nasal spray)
sodium chloride[†]
9mg/mL



FESS Nasal & Sinus Wash
sodium chloride[†]
9mg/mL



FESS Nasal & Sinus Mist
sodium chloride[†]
30mg/mL



FESS Children's Nasal Spray 2 Years+
sodium chloride[†]
9mg/mL

MORE RESOURCES

National Asthma Council Australia
‘How-to’ videos for nasal spray technique
Clinical recommendations for asthma and allergies
Patient advice, fact sheets and brochures
nationalasthma.org.au

This chart shows the main intranasal treatment options available in Australia. Check TGA-approved product information for indications and precautions. Developed independently by the National Asthma Council Australia, with support from Care Pharmaceuticals, CSL Seqirus and Viatris.

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HOW-TO VIDEOS



SCAN ME

DECONGESTANT



Decongestant
xylometazoline
multiple brands available



Decongestant
oxymetazoline*
short-term use only



Spray-Tish
tramazoline
82mcg/dose



Otrivin Plus
xylometazoline-ipratropium
0.5mg/mL/0.6mg/mL

ANTI-HISTAMINE



Azep
azelastine
125mcg/spray



Livostin
levocabastine
0.5mg/mL



Zyrtec
levocabastine
0.5mg/mL

*Available by prescription only. PBS subsidisation is not available. *RPBS subsidisation is available. †Generic brands also available.