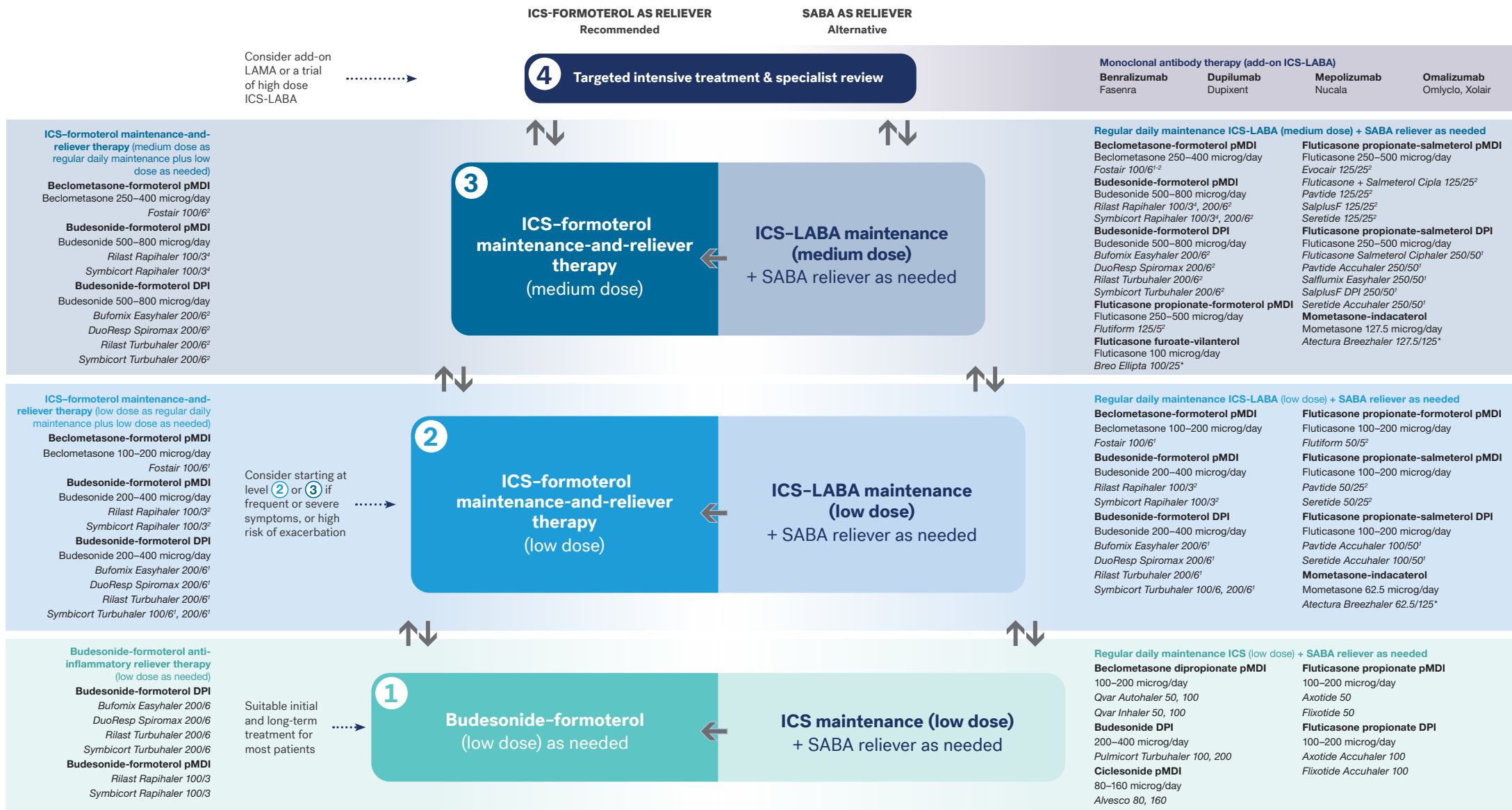




ICS: inhaled corticosteroid
LABA: long-acting beta₂ agonist
LAMA: long-acting muscarinic antagonist
SABA: short-acting beta₂ agonist
pMDI: pressurised metered-dose inhaler
DPI: dry powder inhaler



Before stepping up, check that:

- symptoms are due to asthma
- inhaler technique is correct
- adherence is adequate.



Consider stepping up if good symptom control is not achieved despite good adherence and correct inhaler technique.



When asthma is stable and well controlled for 2–3 months, consider stepping down.



Consider switching to reduce severe exacerbation risk.

FOOTNOTES

- * 1 inhalation once daily ^{1,2} 1 or 2 inhalations twice daily ⁴ 4 inhalations twice daily
¹ 1 inhalation twice daily ² 2 inhalations twice daily

This chart was developed independently by the National Asthma Council Australia with support from AstraZeneca Australia, GlaxoSmithKline (GSK Australia) and Orion Pharma.

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